



**Anchorage Youth
Development Coalition**
Housed at Center for Safe Alaskans

Second Order Change Call for Applications

Anchorage Youth Development Coalition is excited to invite staff, volunteers, and board members of Anchorage youth-serving organizations to apply for our upcoming 2024 Second Order Change professional learning series!

Applications are due January 10, 2024, at 11:59 pm. Spots are limited, and applicants will be notified of their acceptance on a rolling basis from December 15, 2023-January 15, 2024.

Click here to apply: [Second Order Change Application](#)

Impact

Research shows that *youths' environments, relationships, and experiences* impact their short- and long-term outcomes—health, civic engagement, and economic self-sufficiency. Second Order Change is an initiative to support staff capacity to maximize positive outcomes for youth.

Experience the transformative journey with Second Order Change – a dynamic leadership development series and a vibrant professional learning community. This initiative empowers staff at every level within youth-serving organizations, fostering social and emotional intelligence enhancement. Recognizing that this aspect contributes to over 50% of effectiveness across all professions, Second Order Change is critical in supporting and nurturing youth development. Join us on this impactful path of growth and empowerment.

**DEADLINE FOR
APPLICATIONS –
January 10th, 2024**

NOTE: This learning series consists of SIX MANDATORY sessions held in-person. There will not be an option to attend the in-person sessions virtually.



Praise from an Executive Director participant:

“[Second Order Change was] very beneficial for staff... Exposure to guided reflection is such a luxury in our busy work lives—and greater understanding of social emotional learning is so important in our workplace.”

The effectiveness of Second Order Change is evident. Throughout the 2016-17 pilot series, participants saw significant improvements in the strength and balance of their social and emotional intelligence attributes, as assessed by the EQ-I 2.0. An analysis based on participants' level of engagement revealed that those with higher attendance demonstrated more

significant skill development. As Second Order Change progresses into its seventh year in Anchorage, its positive influence continues to expand.

The Learning Experience



Social and Emotional Learning framework from CASEL

This learning series will take place over six weekly in-person MANDATORY sessions. There will **not** be an option to attend the in-person sessions virtually. This will allow participants to build relationships with cohort members, explore a new approach between sessions, and reflect and integrate learning.

We use the Collaborative for Academic, Social and Emotional Learning’s (CASEL) social and emotional learning competency framework to support staff development in each of five Social and Emotional

Learning (SEL) domains. Each session in the series sparks personal reflection and peer learning through inviting exploration of critical topics in youth development, including **resilience, healing-centered engagement, embracing resistance, cultural responsiveness, mindfulness, coaching, and communication.**

Participants will connect with peers in similar roles at other Anchorage and Cook Inlet-area youth-serving organizations.

Benefits of participating

Join a growing community of professionals from youth-serving organizations in Anchorage committed to *creating nurturing environments, fostering meaningful relationships, and providing enriching experiences that empower youth to thrive* now and in the future. By joining, you'll benefit from:



- Engaging in **high-quality professional development** rooted in leading practices backed by research in the fields of youth development and Social and Emotional Learning (SEL).
- **Being part of a supportive environment** that encourages self-reflection, rejuvenation, and learning through collaborative practices and peer support.
- **Building connections** within a cohort of peers, establishing meaningful and collaborative relationships.
- **Acquiring knowledge about SEL practices** designed to enhance the development of SEL skills among staff members.
- Participating in six weekly sessions and a pre-session allows ample time for participants to **integrate new perspectives and approaches into their work**.
- Receiving a complimentary copy of "**Emotional Intelligence 2.0**" by Jean Greaves and Travis Bradberry.

Participation requirements

- Youth served: Organizations should serve youth ages 12-24 in Anchorage to qualify. *Priority will be placed on admitting staff from organizations that serve youth who identify as BIPOC (Black, Indigenous, or People of Color) or belong to another systemically oppressed group.*
- Participants: Staff, board members, and volunteers of Anchorage youth-serving organizations may apply as individuals. There is no limit on the number of people applying from one organization. Priority will be placed on the inclusion of a diverse representation of organizations.
- Attendance: Attend weekly sessions consistently for the duration of the learning series. These sessions will be held in person at the BP Energy Center and Fireweed Conference Center in Anchorage.

NOTE: This learning series will be in person and all six sessions are MANDATORY

You must be able to attend all in-person sessions

- Assignments: At the end of each session, participants will be invited to set a goal related to trying out new learning and perspectives for the week. Participants will also receive a copy of *Emotional Intelligence 2.0* and are encouraged to explore its resources outside of the sessions.
- Fee: Grant funding allows AYDC to offer this professional development opportunity to participants at a modest cost. A \$200 fee per participant or \$150 per participant for 2023/24 AYDC contributing member organizations. Learn more about becoming a member of AYDC at www.aydc.org/become-a-member * *If you have concerns about this fee, don't hesitate to get in touch with Rebekah Wilcox at rebekah@safealaskans.org

Schedule

All sessions will be held in person at The BP Energy Center or the Fireweed Center, as listed below.

Time	February 7 - March 20, 2024
WEDNESDAYS 9:00am – 12:00pm	Session One: February 7: Fireweed Center Session Two: February 14: BP Energy Center Session Three: February 21: BP Energy Center Session Four: February 28, 2024: Fireweed Center Session Five: March 6, 2024: BP Energy Center Session Six: March 20, 2024: BP Energy Center

Participants

Second Order Change has supported professional development for staff, volunteers, and board members from afterschool, mental health, juvenile justice, school district, and other youth-serving organizations. This series is not an introductory course, but a chance for professionals with some experience to dive more deeply into their own practice. Participants include executive directors, program managers, site directors, administrative staff, and direct youth service staff. These professionals may be focused on managing staff and/or working directly with youth.

Timeline for Applications

Friday, December 1, 2023	Applications open
Wednesday, January 10, 2024, 11:59pm	Online application due.
December 15, 2023-January 15, 2024	Participants selected and notified
Friday, January 26, 2024	Payment due
Wednesdays, 9am-noon Wednesday, February 7, 2024: Fireweed Center Wednesday, February 14, 2024: BP Energy Center Wednesday, February 21, 2024: BP Energy Center Wednesday, February 28, 2024: Fireweed Center Wednesday, March 6, 2024: BP Energy Center Wednesday, March 20, 2024: BP Energy Center	Weekly Second Order Change sessions

Application Procedures

Apply online at [Second Order Change Application](#) For reference, application questions are provided in Appendix A.

If you have questions, please get in touch with rebekah@safealaskans.org

Selection Criteria

AYDC will cap participation at 25 individuals this year to ensure an immersive and connected experience. In the event of more interest than available space, prioritization may be necessary. Selection criteria will favor staff from organizations serving youth who identify as BIPOC (Black, Indigenous, or People of Color) or belong to other systemically oppressed groups. Additionally, efforts will be made to ensure representation from organizations across diverse sectors.

AYDC Second Order Change was developed with support from Cook Inlet Tribal Council, Inc.



This opportunity is made possible with support from the Alaska Division of Behavioral Health

APPENDIX A

AYDC Second Order Change Application Questions

- Name
- Email
- Phone Number
- Address
- Organization
- Job Title

APPLICATION QUESTIONS:

- How many years have you been in your current role or in a similar role?
- In just a few words, how would you describe your job responsibilities?
- Do you work primarily with youth or adults in your role? Please add any details you feel may help explain the population you work with.
- If you work with youth, what is the age of MOST of the youth you work with?
- What percentage of BIPOC youth (Black, Indigenous, People of Color) or youth belonging to other systemically oppressed groups does my organization serve?
- Do you supervise staff?
- In what setting does your organization work with youth MOST of the time?
- How many paid staff members (full-time and part-time) work at your organization?
- Anything else you'd like to tell us about your role? Comments?
- In a few sentences, please share what you hope to gain through participating in the Second Order Change professional learning series.
- Payment Options: Please select the payment option that best suits you. Payment will be due when your application is accepted and approved. If you have questions or are unsure, select "Other," and contact Rebekah Wilcox at rebekah@safealaskans.org

APPENDIX B

Contact Information for Second Order Change:

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