

# Youth Matter Grants Evaluation

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**Prepared for:**



**Anchorage Youth  
Development Coalition**

Housed at Center for Safe Alaskans



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# Introduction

Youth Matter Grants is a program of Center for Safe Alaskans and the Anchorage Youth Development Coalition (AYDC), which Center for Safe Alaskans houses. Youth Matter Grants provide training, support, and an award of up to \$5,000 for youth-led project teams to make a difference in their community and to experience safety and supportive youth-adult relationships within their project teams. The premise of the Youth Matter Grants program is based on Alaska-specific and national data: when youth know that they matter to their community, they are less likely to engage in risky, unsafe behaviors, and are more likely to display higher levels of connectedness and mental wellbeing. Each youth-led project is required to focus on one of two specific themes: wellbeing or safe driving messages for youth. Youth Matter Grants recipients are required to have a Youth Representative (age 12-24) and an Organization Representative (age 25 and older) to lead the project team, and are encouraged more generally to involve all participating youth in leadership roles, in decision-making, and in project proposal development and implementation. Each project that is funded receives training and support from Center for Safe Alaskans and AYDC to help build projects that address the stated goals.

In 2019, Center for Safe Alaskans contracted with the Goldstream Group – a consulting firm located in Fairbanks, Alaska that is dedicated to helping non-profit community organizations improve the lives of Alaskans – to assist in assessment and evaluation activities related to its AYDC Wellness Initiative, including evaluation of the Youth Matter Grants program.

There were seven projects and organizations supported by Youth Matter Grants in the 2021-2022 school year: Advocates in Residence (Alaska Poor People’s Campaign), Alaska Coalition of BIPOC Educators, Alaska Teen Media Institute (Spirit of Youth), Alaska Youth Orchestras Performing Directors, Anchorage Youth Task Force (Covenant House Alaska), Anchorage Youth Vote (League of Women Voters of Alaska), and See Stories. The evaluation suggests a very high level of satisfaction among program participants, including satisfaction with their learning and ability to make a difference, with their project teams and teamwork, and with their organization representative. Participants also referenced the positive environment that they experienced participating in the program, specifically citing teamwork, support, and encouragement.

This evaluation is funded through the Alaska Highway Safety Office (AHSO), State of Alaska Division of Behavioral Health (DBH), State Farm Companies Foundation, United Way of Anchorage, and United States Substance Abuse and Mental Health Service Administration (SAMHSA).

# Methods

All participants in Youth Matter Grants projects were invited to complete a pre survey at the start of their participation in the program, and a post survey at the end of their participation in the program. To measure program impact, the pre and post surveys included matched questions about youth protective factors and perceptions related to youth mattering. The post survey also included questions aimed at measuring program satisfaction. Both surveys were administered using SurveyMonkey, an online survey tool (<http://www.surveymonkey.com>).

## Analysis of Youth Participation

All Youth Matter Grants participants who completed a pre survey were asked a series of demographic questions about their age, gender identity, race, and ethnicity. Demographics were analyzed in Excel and are reported using descriptive statistics.

All Youth Matter Grants participants who completed a post survey were asked a series of questions related to their experiences as a participant in the program. Closed-ended questions (e.g., multiple choice, Likert scales) were analyzed in Excel and are reported using descriptive statistics. Open-ended questions were analyzed for themes using emergent coding and are reported using descriptive statistics.

## Analysis of Youth Matter Grants Program Impact

On both the pre and post surveys, participants were asked to provide the month of their birthday, the day of their birthday, and the first letter of their last name to generate a unique identifier that would allow their pre and post surveys to be matched for comparison and analysis of program impact. A total of 27 pre surveys<sup>1</sup> and 27 post surveys were completed. Of these, 11 surveys matched in all three fields (month of birthday, day of birthday, and first letter of last name). Survey results for these 11 participants were downloaded into Excel for analysis, and results to each of the seven questions included on both the pre and post surveys were tabulated and are reported using descriptive statistics. Results were also analyzed to identify the percentage of participants who had improved responses from pre to post. If a participant gave a response of “not sure” to any of the questions, their responses for that particular question were removed from this part of the analysis. Results were reported using descriptive statistics.

To further analyze Youth Matter Grants program impact, a comparison was also made of responses from all respondents on the pre survey (n=27) to responses from all respondents

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<sup>1</sup> There were an additional 12 pre-surveys completed by participants from South Anchorage High School. These youth did not participate beyond the orientation and so all responses from South Anchorage High School were removed from the data.

on the post survey (n=27) for the seven questions that were included on both surveys. All survey results were downloaded into Excel for analysis. Results for each of the seven questions included on both surveys were tabulated and are reported using descriptive statistics.

## Analysis of Youth Matter Grants Program Satisfaction

Program satisfaction was measured using results of the Youth Matter Grants post survey. A total of 27 participants completed a post survey. The largest share of post surveys (37.0%) was completed by participants in Anchorage Youth Task Force, followed by Anchorage Youth Vote (22.2%), Advocates in Residence (11.1%), Alaska Youth Orchestras Performing Directors (11.1%), Alaska Coalition of BIPOC Educators (7.4%), See Stories (7.4%), and Alaska Teen Media Institute (3.7%). Survey results were downloaded into Excel for analysis. Results to closed-ended questions (e.g., multiple choice, Likert scales) were tabulated for all survey respondents and are reported using descriptive statistics. Results to open-ended questions were analyzed for themes using emergent coding and are reported using descriptive statistics.

## Limitations

Several limitations warrant caution in interpreting changes from pre to post for Youth Matter Grants participants. First, the number of participants with matched unique identifiers on the pre and post surveys is small (11 participants). This small sample size means it is difficult to determine whether any particular shift in responses from pre to post for those participants is due to program impact or some other combination of reasons. Second, when comparing all participants who completed a pre survey with all participants who completed a post survey, it was assumed that the groups taking the pre and post surveys were similar in composition. However, the percentage of participants representing the different Youth Matter Grants projects was slightly different on the pre and post surveys. In addition, demographic questions were only asked on the pre survey, so there is no way of knowing whether the total demographic breakdown of respondents was similar on both surveys.

Finally, it is important to consider that the indicators used to measure program impact on the pre and post surveys (e.g., “Adults in my community care about people my age,” “I believe that things I do can make a positive difference in my community,” “Do you agree or disagree that in your community you feel like you matter to people?”) are indicators which are complex and have many contributing factors — while participating in Youth Matter Grants may likely contribute to these indicators, there are many other contextual factors which may positively or negatively affect how a youth answers these questions. It is therefore impossible to attribute any changes in these indicators purely to participation in Youth Matter Grants.

**Table 1: Summary of pre and post surveys completed by Youth Matter Grants participants by project name**

Project Name	Pre-Survey (n=27)		Post Survey (n=27)	
	Count	Percent	Count	Percent
Advocates in Residence (Alaska Poor People’s Campaign)	8	29.6%	3	11.1%
Alaska Coalition of BIPOC Educators	3	11.1%	2	7.4%
Alaska Teen Media Institute (Spirit of Youth)	1	3.7%	1	3.7%
Alaska Youth Orchestras Performing Directors	3	11.1%	3	11.1%
Anchorage Youth Task Force (Covenant House Alaska)	4	14.8%	10	37.0%
Anchorage Youth Vote (League of Women Voters)	5	18.5%	6	22.2%
See Stories	2	7.4%	2	7.4%
Not Sure	1	3.7%	0	0.0%
<b>Total Surveys Completed</b>	<b>27</b>		<b>27</b>	

## Findings: Demographics of Youth Matter Grants Participants

All Youth Matter Grants participants who completed a pre survey were asked a series of questions at the end of the survey about their gender identity, age, race, and ethnicity. Demographics of participants are summarized in Tables 2-5.

*Table 2: “Which gender identity best describes you?” (n=27) (asked as an open-ended question)*

<b>Gender</b>	<b>Count</b>	<b>Percent</b>
Male	7	25.9%
Female	13	48.1%
Other (Includes genderfluid, nonbinary, questionable, straight, transgender)	6	22.2%
Did Not Indicate	1	3.7%
<b>Total</b>	<b>27</b>	

*Table 3: “How old are you?” (n=27) (asked as an open-ended question)*

<b>Age in Years</b>	<b>Count</b>	<b>Percent</b>
14	1	3.7%
15	2	7.4%
16	1	3.7%
17	6	22.2%
18	3	11.1%
19	2	7.4%
22	4	14.8%
23	4	14.8%
24	3	11.1%
Did Not Indicate	1	3.7%
<b>Total</b>	<b>27</b>	

*Table 4: “What is your race?” (n=27)*

<b>Race</b>	<b>Count</b>	<b>Percent</b>
American Indian or Alaska Native	6	22.2%
Asian	3	11.1%
Black or African American	4	14.8%
Native Hawaiian or Other Pacific Islander	1	3.7%
White	7	25.9%
More than one race	5	18.5%
Did not indicate	1	3.7%
<b>Total</b>	<b>27</b>	

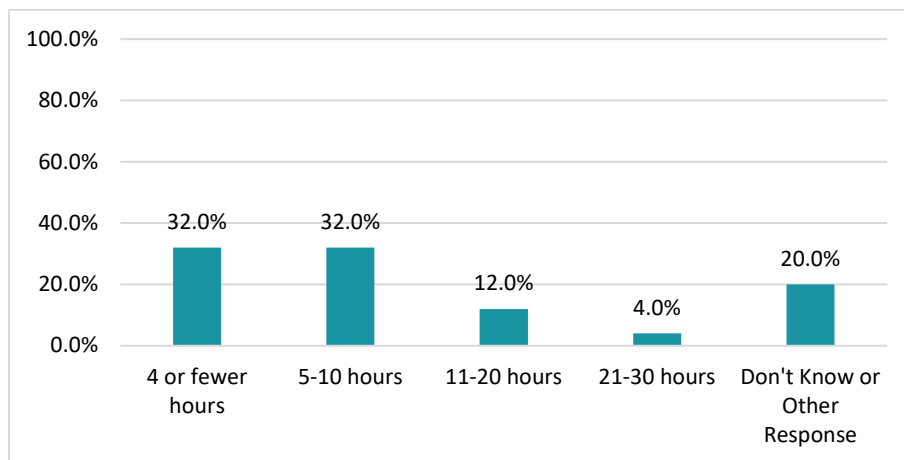
*Table 5: Are you of Hispanic or Latino Origin? (n=27)*

<b>Ethnicity</b>	<b>Count</b>	<b>Percent</b>
Hispanic or Latino	3	11.1%
Not Hispanic or Latino	21	77.8%
Prefer not to say	1	3.7%
Did not indicate	2	7.4%
<b>Total</b>	<b>27</b>	



## Findings: Youth Participation

Approximately one-third of Youth Matter Grants participants who completed a post survey (32.0%) reported spending four or fewer hours on their project, and another 32.0% reported spending 5-10 hours on their project. While 12.0% reported spending 11-20 hours and 4.0% reported spending 21-30 hours, 20.0% either said they weren't sure or provided a non-quantifiable response.



*Figure 1: “How many hours did you spend on this project?” (n=25)*

When asked in an open-ended question to describe how youth were involved in decision making in their project, more than half of participants (56.5%) described that there were opportunities for everyone to provide input and feedback or that they collaborated on decisions. Nearly one-third of participants (30.4%) described that youth made all the decisions, that youth made the final decisions, and/or that the project was youth-led. Several participants (13.0%) also described that they planned the project, set the outline, or set the rules. Other ways participants described youth involvement in decision making included by suggesting breaks, shopping, and sharing stories.

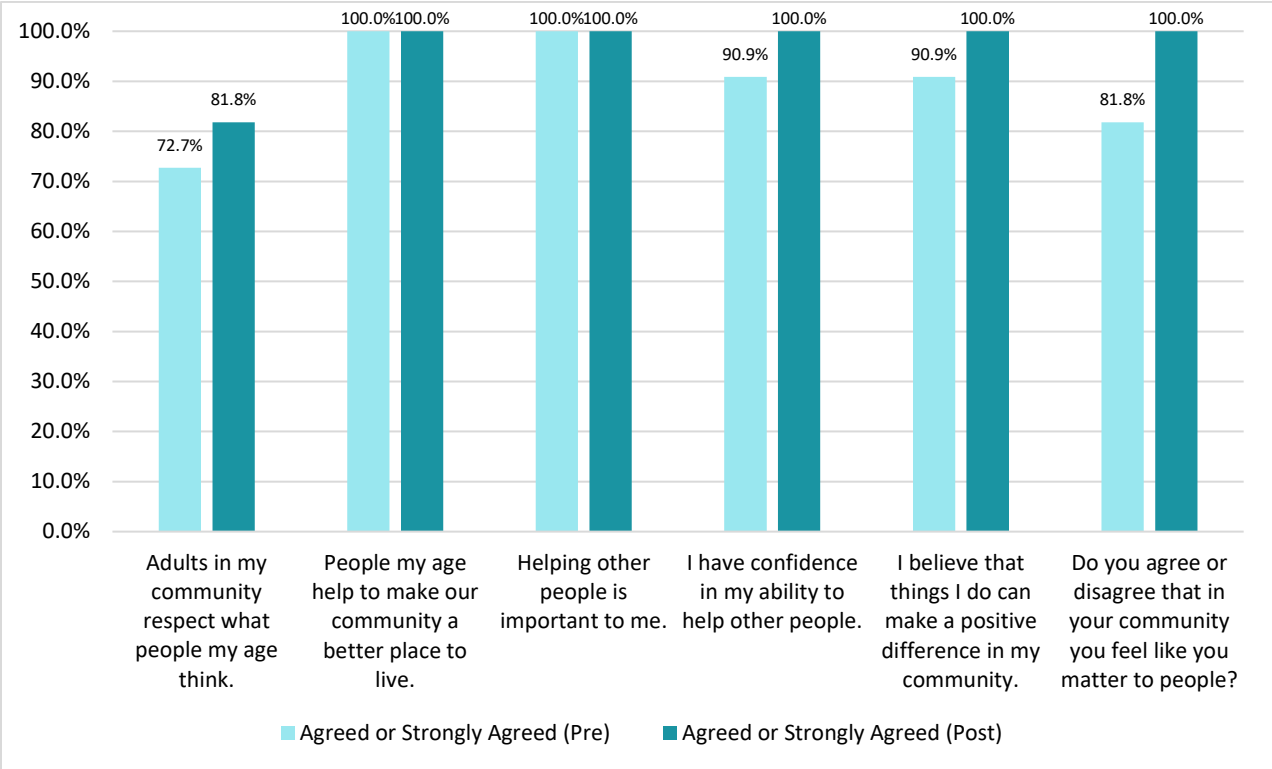
*Table 6: “How were youth involved in decision making in this project? Please give an example.” (n=27 responses from 23 participants)*

Theme	Count	Percent of Participants
Collaborated on decisions as a group, opportunity for everyone to provide input, brainstorming or feedback	13	56.5%
Youth made all decisions, final decisions, led the project	7	30.4%
Planning, setting the outline, setting the rules	3	13.0%
Other (includes we spoke out more, suggesting breaks, shopping, shared our stories)	4	17.4%

# Findings: Youth Matter Grants Program Impact

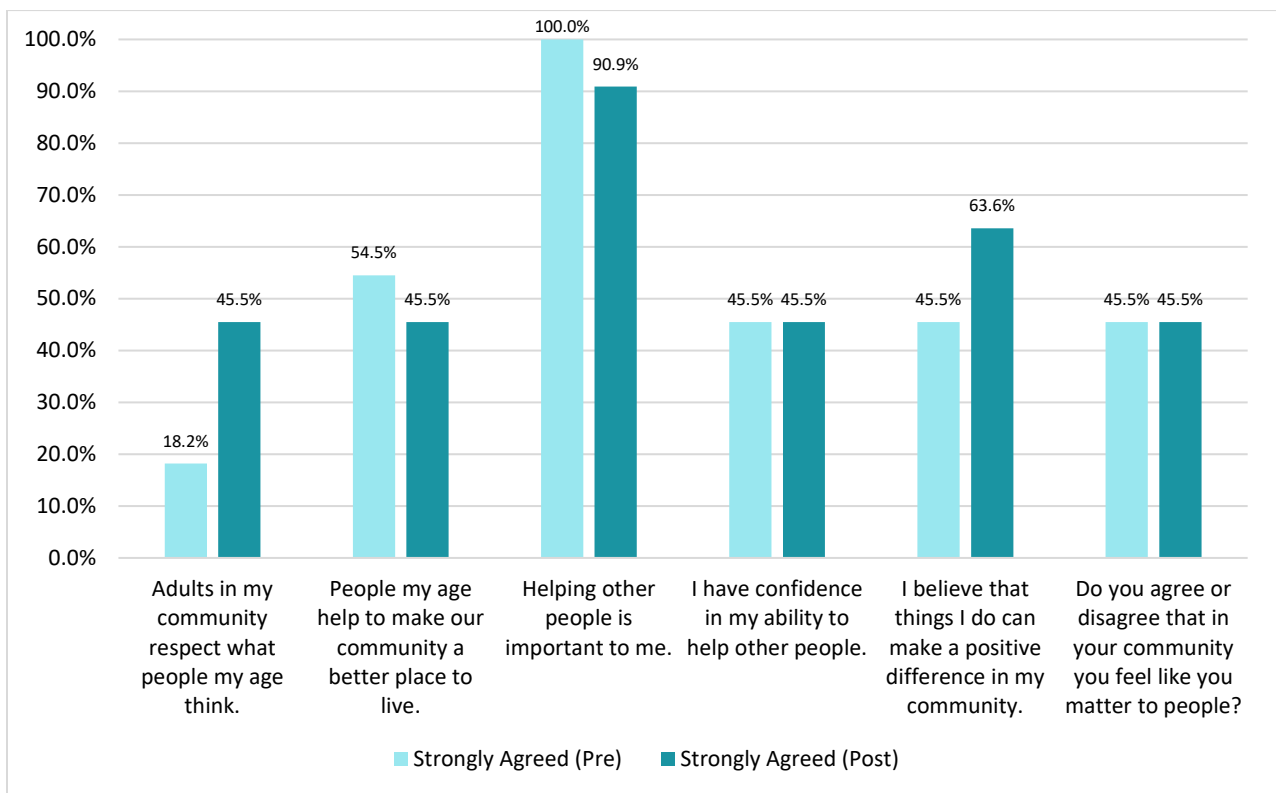
## Program Impact for Participants with Matched Unique Identifiers on Pre and Post Surveys

All participants with matched unique identifiers either agreed or strongly agreed with the statements “People my age help to make our community a better place to live” and “Helping other people is important to me” on both the pre and post surveys. There was an increase from pre to post in the percentage of participants who agreed or strongly agreed that adults in their community respect what people their age think, that they have confidence in their ability to help other people, and that they believe that things they do can make a positive difference in their community. The largest increase from pre to post was in response to the question “Do you agree or disagree that in your community you feel like you matter to people?” While 81.8% of participants agreed or strongly agreed on the pre survey, a full 100% agreed or strongly agreed on the post survey. This was a difference of 18.2%. Change in percentage of agreement or strong agreement for these items is shown in Figure 2.



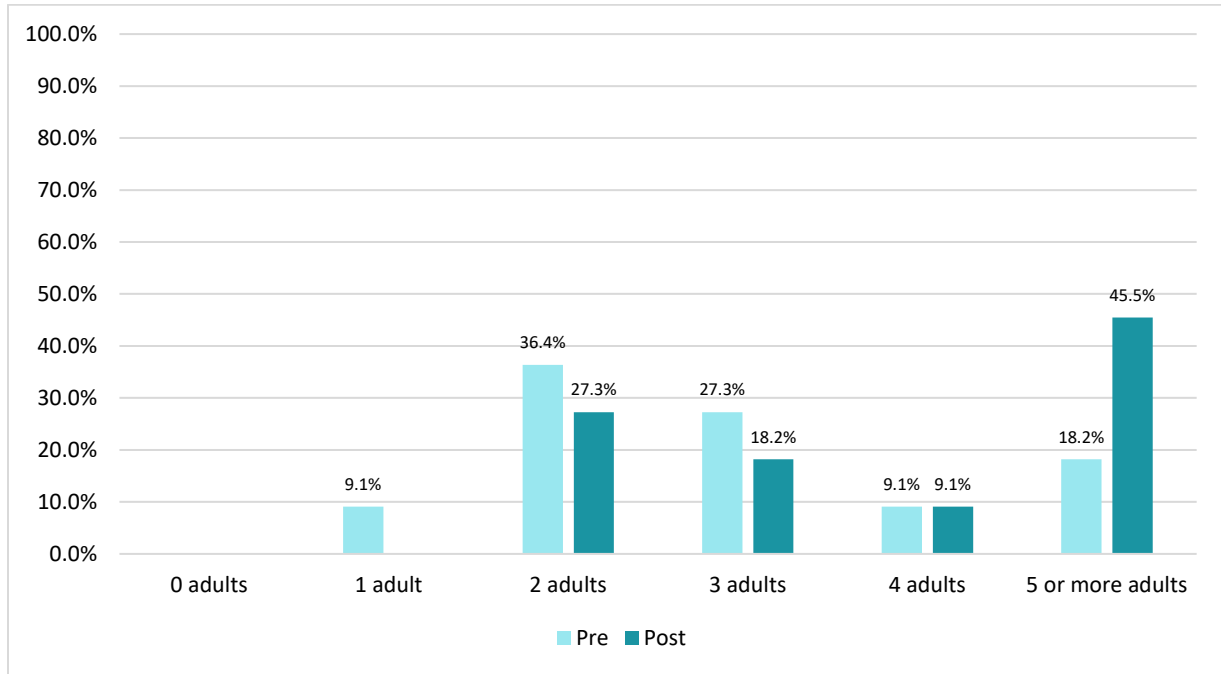
**Figure 2: Percent of participants with matched unique identifiers who agreed or strongly agreed with statements (n=11) (Response options to each question: Strongly agree, Agree, Disagree, Strongly disagree, Not sure)**

To provide additional insight, results were also examined for only those participants who **strongly** agreed with each statement. The largest shifts were seen in the percentage of participants who strongly agreed that adults in their community respect what people their age think (increased from 18.2% to 45.5%, a difference of 27.3%) and in the percentage of participants who strongly agreed that they believe things they do can make a positive difference in their community (increased from 45.5% to 63.6%, a difference of 18.1%). There was a small decrease in the percentage of participants who strongly agreed that people their age help to make their community a better place and that helping other people is important to them. There was no change in the percentage of participants who strongly agreed that in their community they feel like they matter to people. The above data are shown in Figure 3.



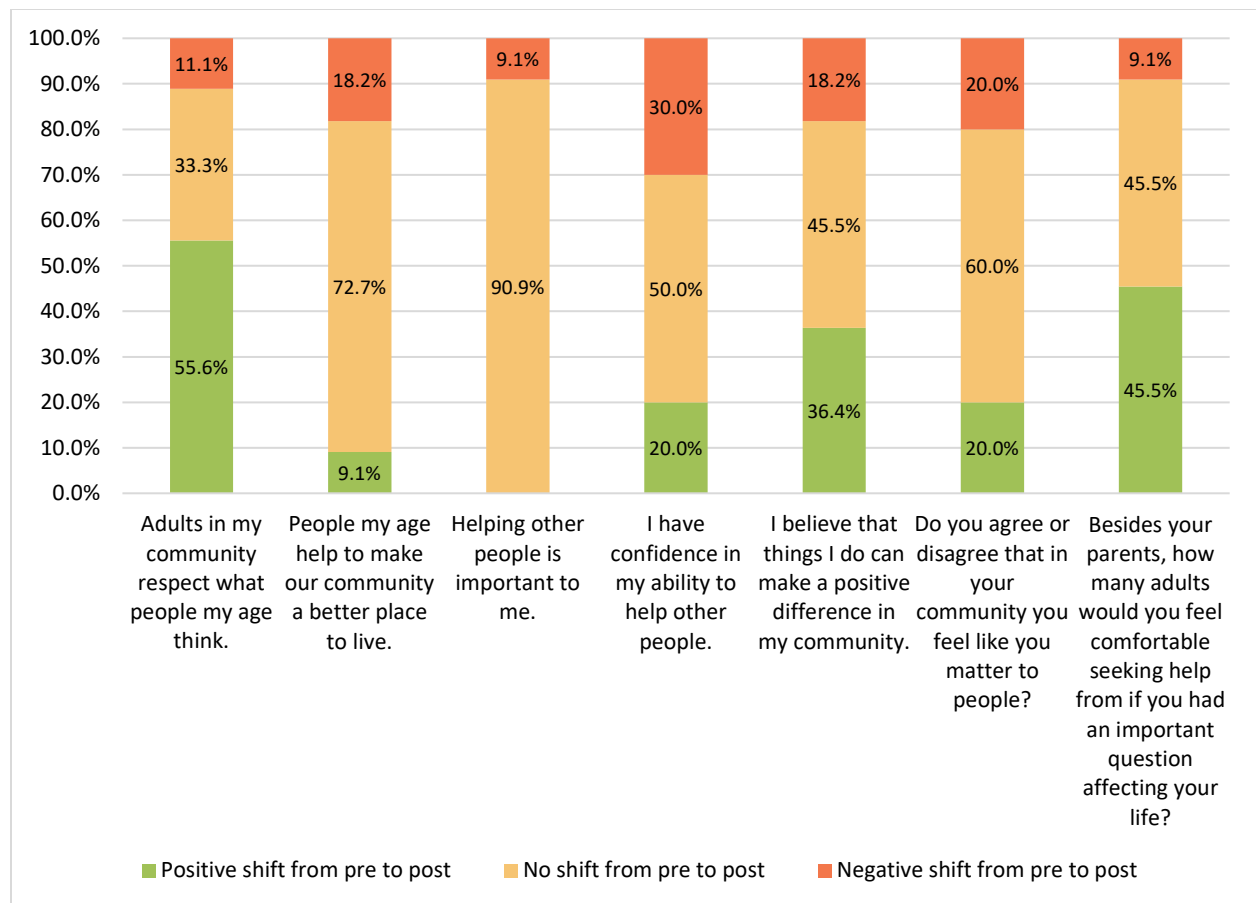
**Figure 3: Percent of participants with matched unique identifiers who strongly agreed with statements (n=11) (Response options to each question: Strongly agree, Agree, Disagree, Strongly disagree, Not sure)**

There was an increase in the percentage of participants from pre to post who indicated that besides their parents there are 5 or more adults they would feel comfortable seeking help from if they had an important question affecting their life. While 18.2% indicated 5 or more adults on the pre-survey, 45.5% indicated 5 or more adults on the post survey. This was a difference of 27.3% and is shown in Figure 4.



**Figure 4: Number of adults that participants with matched unique identifiers would feel comfortable seeking help from if they had an important question affecting their life (n=11)**

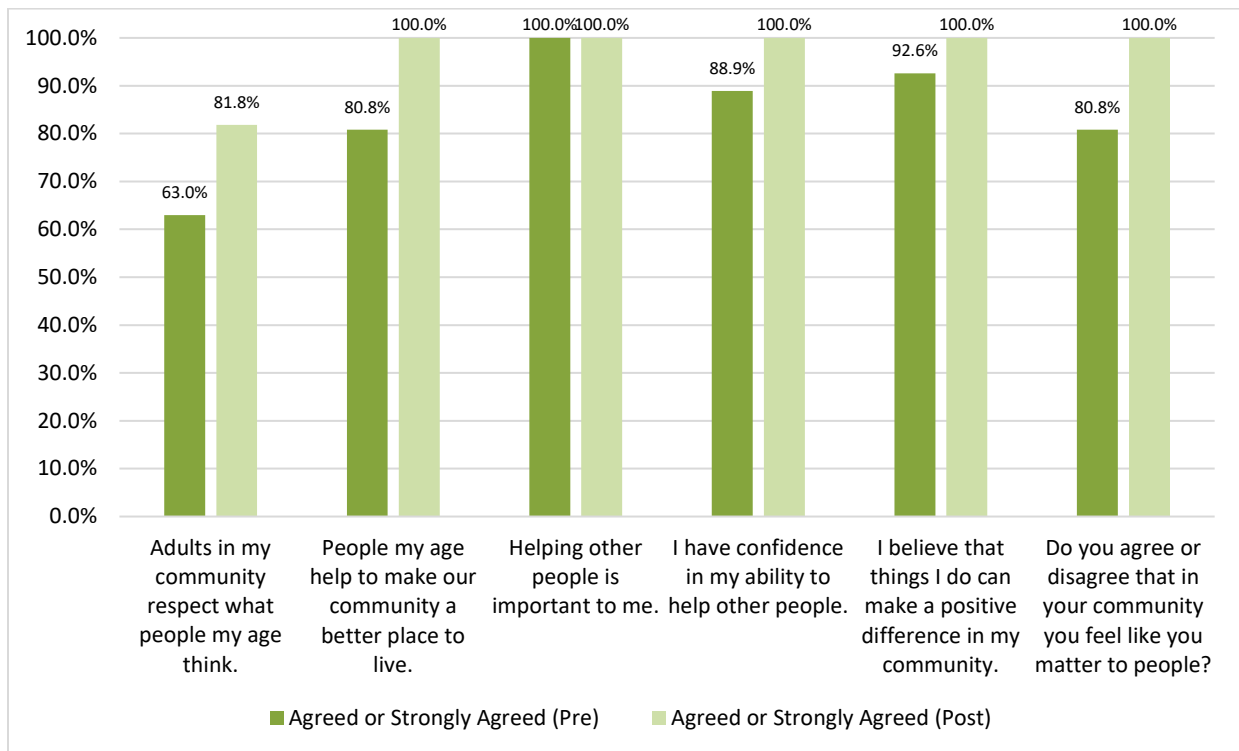
Results were also analyzed by individual participant to identify the percentage of participants who had improved responses from pre to post for each of the seven questions included on both the pre and the post surveys. More than one-half of participants (55.6%) had a positive shift from pre to post in their response to the statement “Adults in my community respect what people my age think” and 45.5% indicated an increase in the number of adults they would feel comfortable seeking help from if they had an important question affecting their life. More than one-third (36.4%) had a positive shift in their response to the statement “I believe that things I do can make a positive difference in my community.” These data are shown in Figure 5.



**Figure 5: Percent of Youth Matter Grants participants with matched unique identifiers who experienced a positive shift in their responses (n=11)**

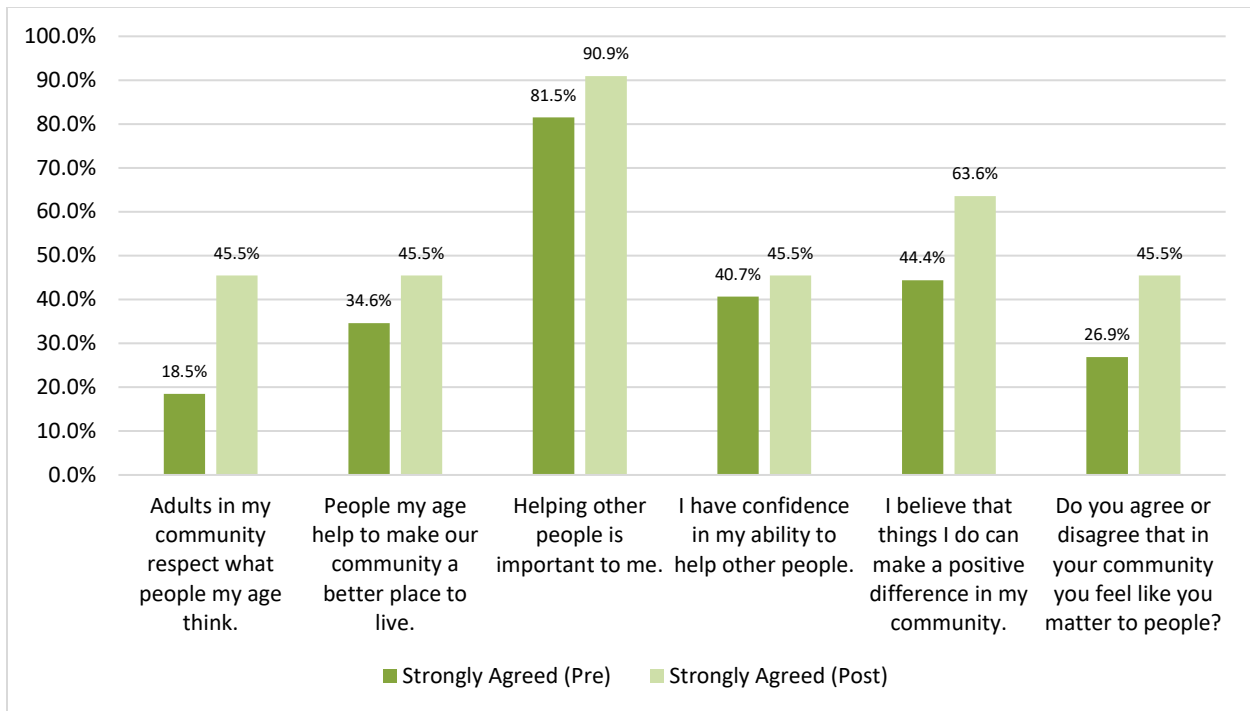
## Comparison of All Youth Matter Grants Participants

Data suggest a positive impact of the Youth Matter Grants program when comparing all youth who completed a pre survey to all youth who completed a post survey.<sup>2</sup> There was an increase in the percentage of participants from pre to post who agreed or strongly agreed with all statements included in the survey, with the exception of the statement “Helping other people is important to me” — for this statement, 100% of respondents agreed or strongly agreed on both the pre and post surveys. A full 100% of participants either agreed or strongly agreed with five of the six statements on the post survey, as shown in Figure 6. When examining only those who *strongly agreed* with each statement, there was an increase in the percentage of participants from pre to post for all six statements, as shown in Figure 7.



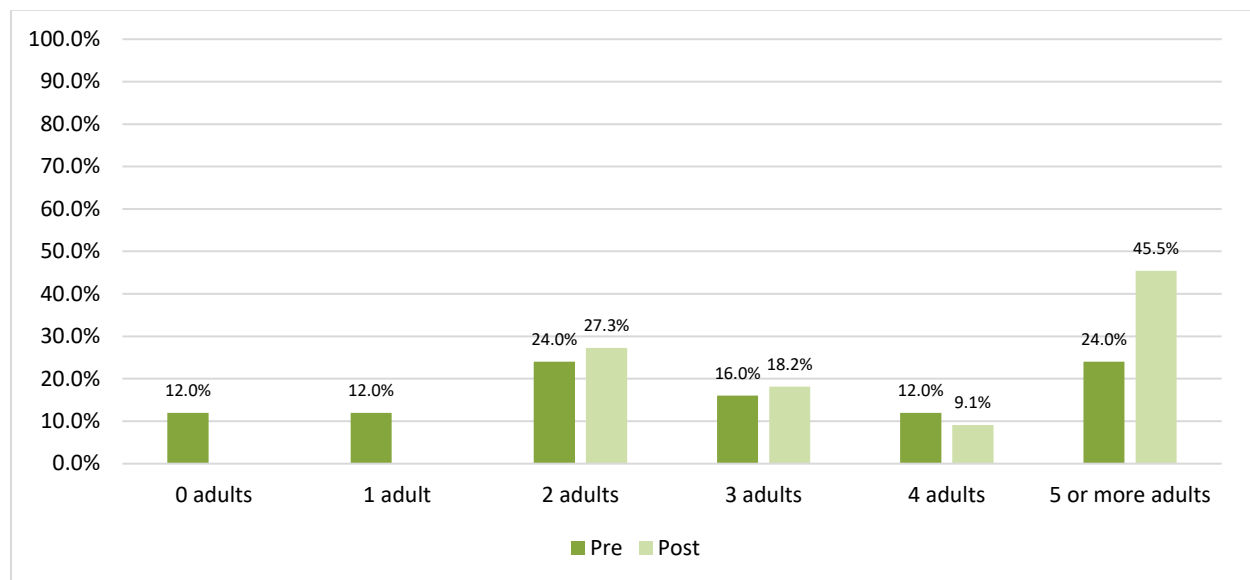
**Figure 6: Percent of all participants who agreed or strongly agreed with statements on pre-survey (n=27) and post survey (n=27)**

<sup>2</sup> A total of 27 Youth Matter Grants participants completed a pre-survey, and 27 participants completed a post survey. Eleven pre and post surveys had matched unique identifiers, meaning the pre and post surveys were completed by the same people. The remaining 16 pre and 16 post surveys did not have matched unique identifiers.



**Figure 7: Percent of all participants who strongly agreed with statements on pre-survey (n=27) and post survey (n=27)**

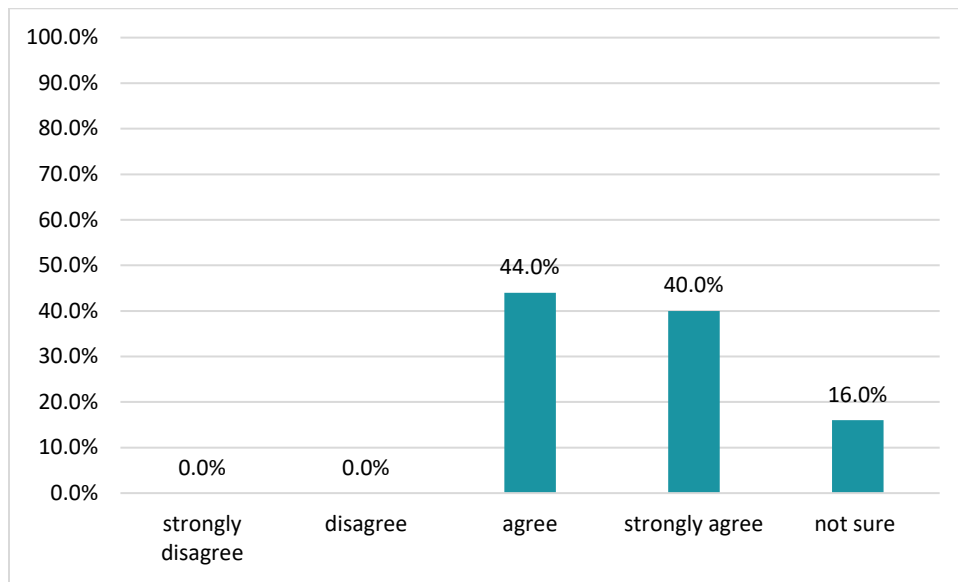
There was an increase from pre to post in the percentage of participants who reported they would feel comfortable seeking help from 5 or more adults other than their parents if they had an important question affecting their life (increase from 24.0% to 45.5%, the difference was 21.5%). This is shown in Figure 8.



**Figure 8: Number of adults that participants would feel comfortable seeking help from if they had an important question affecting their life on pre-survey (n=27) and post survey (n=27)**

## Impact on Youth Interest in Learning, Education, and School

To assess Youth Matter Grants program impact on interest in learning, education, and school, all participants who completed a post survey were asked to rate how much they agreed or disagreed with the statement “Compared to before I started working on this project, I feel more interested in learning, education, and school.” While 16.0% said they weren’t sure, the remainder of participants either agreed (44.0%) or strongly agreed (40.0%) with this statement. No participants disagreed with this statement. These data are shown in Figure 9.



**Figure 9: “Compared to before I started working on this project, I feel more interested in learning, education, and school.” (n=25)**



## Findings: Youth Matter Grants Program Satisfaction

When asked in an open-ended question to describe what they liked about the project, Youth Matter Grants participants who completed a post survey described liking many aspects of their projects, including a sense of teamwork, inclusiveness, and working with community (26.1% of participants); that the project was fun, engaging, or exciting (21.7% of participants); that they enjoyed learning about other people and sharing (17.4% of participants); and that the project challenged them or that there was a lot to learn (17.4% of participants). Data for this survey item are shown in Table 7.

*Table 7: “What I liked about the project...” (n=31 responses from 23 participants)*

Theme	Count	Percent of Participants
Teamwork, working with community, inclusive	6	26.1%
Fun, engaging, exciting	5	21.7%
Learning about other people, sharing	4	17.4%
Challenged me, was a lot to learn	4	17.4%
Youth friendly, youth focus	3	13.0%
Interesting topic or subject matter, could incorporate own knowledge	3	13.0%
Ability to have impact	2	8.7%
Other (the bloopers, lot of opportunities, very open, everyone ideas)	4	17.4%

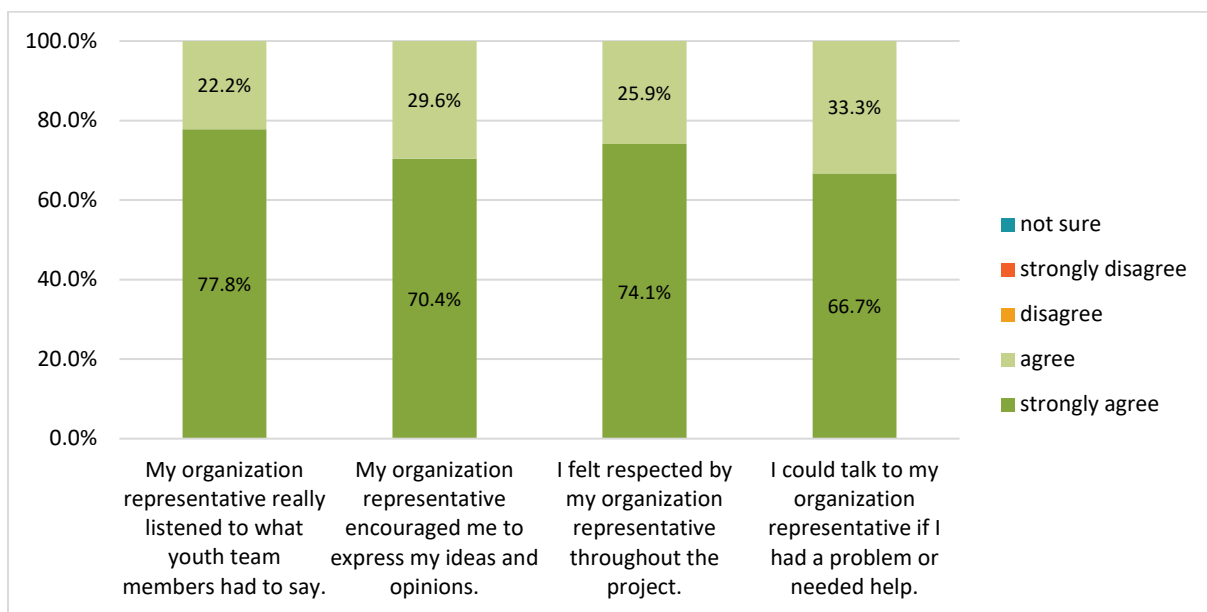
Participants were also asked in what ways they felt safe and welcomed during the project. Participants provided a variety of responses for this item as well. Responses included characteristics of the people involved such as kindness, support, good communication, and good company (37.5% of participants); being asked for their opinion and the respect shown for their ideas and opinions (33.3% of participants); and knowing or trusting other people in their group (12.5% of participants). These data are shown in Table 8.

*Table 8: “What helped you feel safe and/or welcomed during this project?” (n=28 responses from 24 participants)*

Theme	Count	Percent of Participants
Kindness, support, asking how everyone is doing, good communication, good company	9	37.5%
Being asked for my opinion, open space, comfortable sharing ideas and giving feedback, respect for my ideas and opinions	8	33.3%
Knowing and/or trusting the others in the group, having things in common	3	12.5%
Other (everything, food, good music, good environment, I could be myself, space for creative freedom)	8	33.3%

### Satisfaction with Organization Representative

Participant satisfaction with their organization representative was very high. All participants who completed a post survey either agreed or strongly agreed with four statements related to their satisfaction with their organization representative. In fact, the majority of participants strongly agreed with each of the four statements, including that their organization representative listened to what youth team members had to say, that their organization representative encouraged them to state their opinions, that they felt respected throughout the project, and that they could talk to their organization representative if they needed to. These data are shown in Figure 10.



*Figure 10: Youth Matter Grants participant satisfaction with organization representative (n=27)*

When asked in an open-ended question to describe ways that their organization representative made them feel supported, participants most frequently noted the help and encouragement their organization representative provided (30.4%); that their organization representative listened to them, heard their concerns, and respected their ideas (13.0%); and that their organization representative reached out to ask for their contributions, opinions, or input (13.0%). All data for this survey item are shown in Table 9.

*Table 9: “My organization representative helped me feel supported in this project when they...” (n=28 responses from 23 participants)*

<b>Theme</b>	<b>Count</b>	<b>Percent of Participants</b>
Provide encouragement or ideas, advocate for us or provide help when needed, help find resources, keep us on schedule	7	30.4%
Listening, hearing our concerns, respecting what we had to say or our ideas, letting me speak	6	26.1%
Reached out for my contributions, asked for my opinion or input	3	13.0%
Other (gave us space to make decisions, supported my role, checks in with us, celebrates with us, uses my correct pronouns, let me be, was authentic, kept it fun, yes I was supported)	12	52.2%

### Satisfaction with Team and Teamwork

Participant satisfaction with their team and teamwork was also very high. Except for one participant who responded they were not sure to one question, all participants who completed a post survey either agreed or strongly agreed with the six statements related to their team and teamwork. For all six statements, more than half of participants strongly agreed with the statement. There were no participants who disagreed with any of the statements. Data for this survey item are shown in Figure 11.

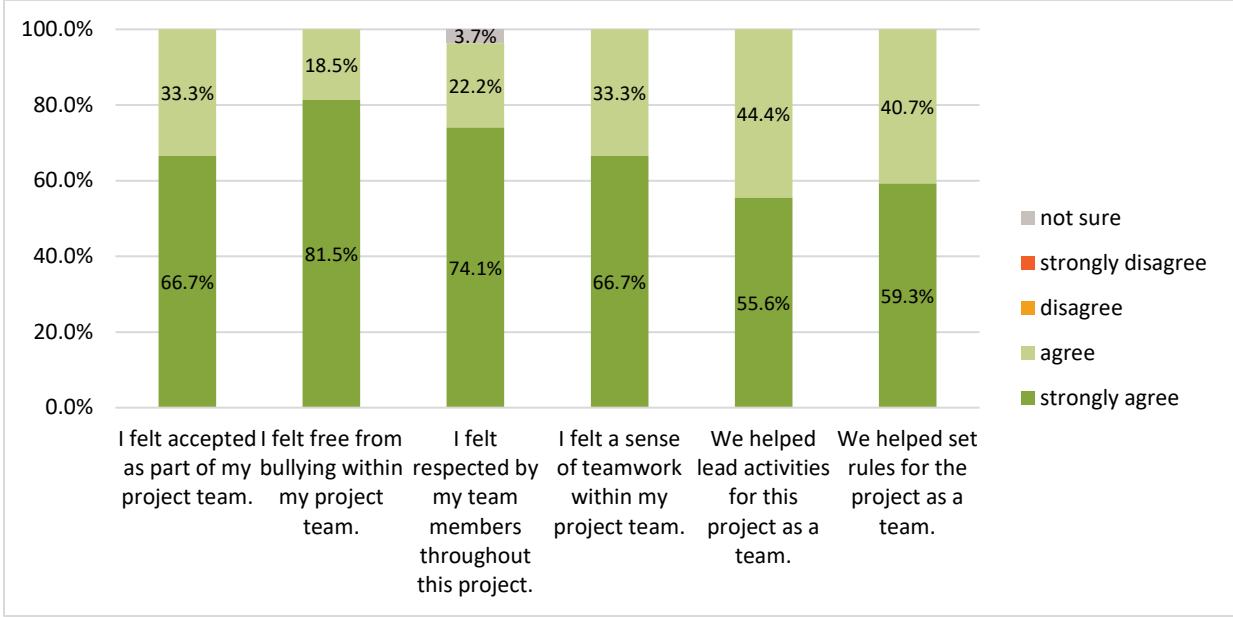


Figure 11: Youth Matter Grants Participant Satisfaction with Team and Teamwork (n=27)

### Satisfaction with Learning and Ability to Make a Difference

Participant satisfaction with their learning and ability to make a difference was also high. There were no participants who disagreed with any of the statements presented. All or nearly all participants either agreed or strongly agreed with each of the four statements related to their learning and ability to make a difference. These data are shown in Figure 12.

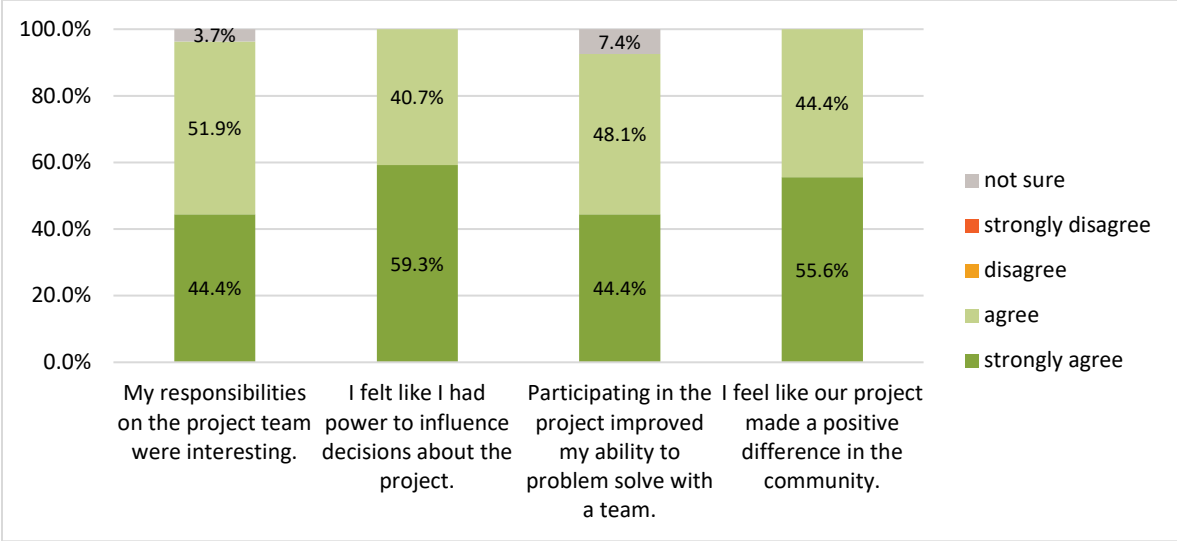


Figure 12: Youth Matter Grants Participant Satisfaction with Learning and Ability to Make a Difference (n=27)

## Discussion and Recommendations

The level of program satisfaction for Youth Matter Grants participants who completed a post survey was high, and may be indicative of the program's impact. The vast majority of participants who completed a post survey either agreed or strongly agreed with numerous statements related to their satisfaction with their organization representative, satisfaction with their project team and teamwork, and satisfaction with their learning and ability to make a difference. In addition, participants were able to name numerous positive aspects of the program, such as the positive environment that it created, their ability to contribute and have their opinions and ideas respected and listened to, and the sense of community and connection with their peers that they experienced.

Survey results suggest that the Youth Matter Grants program has a positive impact for participants. However, there are limitations to these findings. First, only 11 participants had matched unique identifiers to allow for a comparison of indicators for the same individuals from pre to post. Second, demographic data was only collected from participants who completed a pre survey; because this information was not gathered on the post survey, we do not know when comparing survey results for all respondents (rather than just the 11 responses that have a matched pre and post survey) whether the demographic composition of respondents was the same on both the pre and post surveys (e.g., participant age, gender identity, etc.).

Despite these limitations, analysis of survey responses showed a noteworthy increase in the number of adults that participants reported feeling comfortable seeking help from if they had an important question affecting their life after participating in Youth Matter Grants. In addition, the data suggest that overall, participants appeared to have an improved perception of their ability to make a difference after participating in Youth Matter Grants.

It is important to consider that the indicators which are used to measure program impact on the pre and post surveys (e.g., "Adults in my community care about people my age," "I believe that things I do can make a positive difference in my community," "Do you agree or disagree that in your community you feel like you matter to people?") are complex and have many contributing factors. While participating in Youth Matter Grants may likely contribute to these specific indicators for youth, there are many other contextual factors which also contribute and may positively or negatively affect how a youth answers these questions. It is therefore impossible to attribute changes in these indicators purely to participation in Youth Matter Grants. In future evaluations of the Youth Matter Grants program, it may provide value to Center for Safe Alaskans to reword questions on the post survey to more specifically ask participants *to what degree their participation in Youth Matter Grants* contributed to their feelings about the aforementioned indicators. This could allow Center for Safe Alaskans to more precisely describe contributions of the Youth Matter Grants program to changes in these indicators.

## Appendix A: Survey Responses Measuring Program Impact for Participants with Matched Pre and Post Surveys

<b>Pre</b>	<b>n</b>	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Agree</b>	<b>Strongly Agree</b>	<b>Not Sure</b>
Adults in my community respect what people my age think.	11	0 (0.0%)	2 (18.2%)	6 (54.5%)	2 (18.2%)	1 (9.1%)
People my age help to make our community a better place to live.	11	0 (0.0%)	0 (0.0%)	5 (45.5%)	6 (54.5%)	0 (0.0%)
Helping other people is important to me	11	0 (0.0%)	0 (0.0%)	0 (0.0%)	11 (100.0%)	0 (0.0%)
I have confidence in my ability to help other people.	11	0 (0.0%)	0 (0.0%)	5 (45.5%)	5 (45.5%)	1 (9.1%)
I believe that things I do can make a positive difference in my community.	11	0 (0.0%)	1 (9.1%)	5 (45.5%)	5 (45.5%)	0 (0.0%)
Do you agree or disagree that in your community you feel like you matter to people?	11	0 (0.0%)	1 (9.1%)	4 (36.4%)	5 (45.5%)	1 (9.1%)

<b>Post</b>	<b>n</b>	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Agree</b>	<b>Strongly Agree</b>	<b>Not Sure</b>
Adults in my community respect what people my age think.	11	0 (0.0%)	1 (9.1%)	4 (36.4%)	5 (45.5%)	1 (9.1%)
People my age help to make our community a better place to live.	11	0 (0.0%)	0 (0.0%)	6 (54.5%)	5 (45.5%)	0 (0.0%)
Helping other people is important to me	11	0 (0.0%)	0 (0.0%)	1 (9.1%)	10 (90.9%)	0 (0.0%)
I have confidence in my ability to help other people.	11	0 (0.0%)	0 (0.0%)	6 (54.5%)	5 (45.5%)	0 (0.0%)
I believe that things I do can make a positive difference in my community.	11	0 (0.0%)	0 (0.0%)	4 (36.4%)	7 (63.6%)	0 (0.0%)
Do you agree or disagree that in your community you feel like you matter to people?	11	0 (0.0%)	0 (0.0%)	6 (54.5%)	5 (45.5%)	0 (0.0%)

<b><u>Pre</u></b>	<b>n</b>	<b>0 adults</b>	<b>1 adult</b>	<b>2 adults</b>	<b>3 adults</b>	<b>4 adults</b>	<b>5 or more adults</b>
Besides your parents, how many adults would you feel comfortable seeking help from if you had an important question affecting your life?	11	0 (0.0%)	1 (9.1%)	4 (36.4%)	3 (27.3%)	1 (9.1%)	2 (18.2%)

<b><u>Post</u></b>	<b>n</b>	<b>0 adults</b>	<b>1 adult</b>	<b>2 adults</b>	<b>3 adults</b>	<b>4 adults</b>	<b>5 or more adults</b>
Besides your parents, how many adults would you feel comfortable seeking help from if you had an important question affecting your life?	11	0 (0.0%)	0 (0.0%)	3 (27.3%)	2 (18.2%)	1 (9.1%)	5 (45.5%)

## Appendix B: Survey Responses Measuring Program Impact for All Participants

<b>Pre</b>	<b>n</b>	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Agree</b>	<b>Strongly Agree</b>	<b>Not Sure</b>
Adults in my community respect what people my age think.	27	0 (0.0%)	7 (25.9%)	12 (44.4%)	5 (18.5%)	3 (11.1%)
People my age help to make our community a better place to live.	26	0 (0.0%)	1 (3.8%)	12 (46.2%)	9 (34.6%)	4 (15.4%)
Helping other people is important to me	27	0 (0.0%)	0 (0.0%)	5 (18.5%)	22 (81.5%)	0 (0.0%)
I have confidence in my ability to help other people.	27	0 (0.0%)	0 (0.0%)	13 (48.1%)	11 (40.7%)	3 (11.1%)
I believe that things I do can make a positive difference in my community.	27	0 (0.0%)	1 (3.7%)	13 (48.1%)	12 (44.4%)	1 (3.7%)
Do you agree or disagree that in your community you feel like you matter to people?	26	0 (0.0%)	2 (7.7%)	14 (53.8%)	7 (26.9%)	3 (11.5%)

<b>Post</b>	<b>n</b>	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Agree</b>	<b>Strongly Agree</b>	<b>Not Sure</b>
Adults in my community respect what people my age think.	27	1 (3.7%)	2 (7.4%)	14 (51.9%)	9 (33.3%)	1 (3.7%)
People my age help to make our community a better place to live.	27	0 (0.0%)	0 (0.0%)	12 (44.4%)	13 (48.1%)	2 (7.4%)
Helping other people is important to me	27	0 (0.0%)	0 (0.0%)	4 (14.8%)	23 (85.2%)	0 (0.0%)
I have confidence in my ability to help other people.	27	0 (0.0%)	0 (0.0%)	11 (40.7%)	14 (51.9%)	2 (7.4%)
I believe that things I do can make a positive difference in my community.	27	0 (0.0%)	0 (0.0%)	8 (29.6%)	18 (66.7%)	1 (3.7%)
Do you agree or disagree that in your community you feel like you matter to people?	27	0 (0.0%)	0 (0.0%)	15 (55.6%)	7 (25.9%)	5 (18.5%)



<b><u>Pre</u></b>	<b>n</b>	<b>0 adults</b>	<b>1 adult</b>	<b>2 adults</b>	<b>3 adults</b>	<b>4 adults</b>	<b>5 or more adults</b>
Besides your parents, how many adults would you feel comfortable seeking help from if you had an important question affecting your life?	25	3 (12.0%)	3 (12.0%)	6 (24.0%)	4 (16.0%)	3 (12.0%)	6 (24.0%)

<b><u>Post</u></b>	<b>n</b>	<b>0 adults</b>	<b>1 adult</b>	<b>2 adults</b>	<b>3 adults</b>	<b>4 adults</b>	<b>5 or more adults</b>
Besides your parents, how many adults would you feel comfortable seeking help from if you had an important question affecting your life?	27	1 (3.7%)	4 (14.8%)	8 (29.6%)	5 (18.5%)	1 (3.7%)	8 (29.6%)