# Center for Safe Alaskans

2019 Annual Report









## **Center for Safe Alaskans**

2019 Annual Report





### **Our Executive Director**

Reflecting and Celebrating

The past year has been tumultuous, starting with the earthquake and ending with the summer State budget quagmire. Fortunately we survived both events. Our funding is secure, we have a healthy fiscal reserve, and our building suffered very little earthquake damage.

The past twelve months have also been a time of change. Beth Schuerman retired after dedicating 15 year to the organization. Her enthusiasm, knowledge and wisdom, and cheerful presence helped make our work place and our work thrive. Lindsey Hajduk also moved on to exciting new work. While at Safe Alaskans, Lindsey helped the Anchorage Youth Development Coalition (AYDC) grow new programs as well as expanding community support and partnerships. Ciara Johnson, was named the new AYDC Director. Her 5 years with AYDC, compassion and strength as a humbly competent leader has resulted in a seamless transition, with great work ahead.

This year we welcomed Amy Brown to Center for Safe Alaskans. Amy is the Project Coordinator for our Child Passenger Safety (CPS) and CarFit project. She brings a love of children, a sense of adventure, and willingness to learn and help out where ever needed. You can learn more about Amy on the CPS page in this report.

A major piece of growth is our new neuromarketing Message Testing Lab, thanks to the Rasmuson Foundation. The lab has multiple tools for testing health promotion and prevention messages. It is a unique asset to the Alaska community. It is the only such lab in the State, and likely the only one owned by a nonprofit in the country, with a mission of improving health communication.

As I reflect on the past year, I am proud of our staff and Board. Our strategic planning confirmed the strength of our current work, and provides a vision of excellence for the future.





## **Center for Safe Alaskans**

Who We Are



### Our Purpose

Prevent injuries, promote wellbeing, and improve safety for all Alaskans.



### Our Values

Innovative
Collaborative
Inclusive & Respectful
Data-Driven
Strength-Based



Since 1998, the Center for Safe Alaskans has been taking innovative, data-driven approaches to prevent injuries, promote wellbeing, and improve safety for all Alaskans.

### Our Staff

Marcia Howell, Executive Director Mandi Seethaler, Fiscal Manager Ciara Johnson, Program Director Lulu Jensen, Projects Director Julie Albert, Program Manager Amy Brown, Program Coordinator

### Board of Directors

Hillary Strayer (President), Alaska Native Tribal Health Consortium

Soren Orley (Treasurer), University of Alaska Anchorage

Ronni Sullivan (Secretary), Emergency Medical Services, retired

Gordon Glaser (Director), State of Alaska Division of Public Health, retired

Nathan Johnson (Director), Providence Health and Services

Krystal Kompkoff (Director), Cook Inlet Tribal Council

Corlis Taylor (Director), Fairbanks Memorial Hospital

Angeline Washington (Director), Alaska Native Medical Center

Michael Kerosky (Ex-Officio), Cook Inlet Tribal Council

Brian Saylor (Ex-Officio), Institute of Circumpolar Health, retired

### AYDC Leadership Team

Krystal Kompkoff (Chair), Cook Inlet Tribal Council
EuGene Algiene, Nine Star Education & Employment Services
Gena Graves, Covenant House Alaska
Lee Post, Alaska Division of Juvenile Justice
Trina Resari-Salao, Big Brothers Big Sisters of Alaska
Becky Judd (Emeritus), Consultant
Michael Kerosky (Ex-Officio), Cook Inlet Tribal Council

### **Our Programs and Services**

### **Transportation Safety**



We offer a variety of initiatives that help all Alaskans lead safer lives, from our babies to our elders!

- Child Passenger Safety
- Teen Driving
- CarFit Senior Driving
- Bike and Walk Safe

## Anchorage Youth Development Coalition



AYDC supports youth-serving organizations so all Anchorage youth thrive.

- Second Order Change
- Youth Program Quality
- Youth Matter Grants
- Coalition Building

## **Evaluation** and Assessment



We offer an array of evaluation and assessment services, specializing in community collaborative processes.

- Health Communications
   Message Lab
- Evaluation & Assessment Consulting for Partners









## **Anchorage Youth Development Coalition**

Community Collaboration at Work

The Anchorage Youth Development Coalition (AYDC) is a program of the Center for Safe Alaskans. We are a broad and inclusive coalition of over 60 youth-serving organizations, businesses, and individuals working to create shared community practices around professional youth work.

### **Our Approach to Positive Youth Development**

AYDC promotes and integrates strength-based strategies through advocacy, resources, networking, and training to ensure that all Anchorage youth thrive.

This approach incorporates shared protective factors and resiliency into supporting youth to make healthy, productive decisions and actions.

### **AYDC Initiatives**

Second Order Change

Second Order Change is a leadership development series and a professional learning community designed to support staff in delivering high quality youth development programs. We support dozens of organizations each year to strengthen staff social emotional learning and leadership in their programs.

Youth **Program** Quality

Our continuous quality improvement initiative follows national best practices to improve youth relationships, experiences, and the environment in programs known to improve healthy youth outcomes.

Youth Matter **Grants** 

AYDC has granted over \$93,000 to youth-led community projects to promote youth health and wellbeing. Projects build safety, foster supportive adult relationships, and empower youth to make a difference in the community.



Our Vision

All of Anchorage's youth thrive.



Our Mission

AYDC promotes and integrates strength-based strategies through advocacy, resources, networking, and training.



Advance positive youth development



### **AYDC Services**



- Networking and Connection
- Capacity Building



- Training & Professional Development Collaborative Advocacy
  - Shared Resources



#### **Youth Matter Grants**

#### \$93,000

AYDC has granted \$93,000 to 17 organizations for 25 projects.

#### 11.5%

Youth feelings of mattering to the community increased **16**%

More youth felt that adults respect what they think..

More youth feel that they can make a difference in their community

#### **Second Order Change**

#### **Overall SEL Growth**

Participants experienced an increase in Social Emotional (SEL) Competencies across all skill levels after participating

#### 19 Organizations 120 Adults

Engaged in our program over 3 years. Nine organizations have continued throughout the years.

#### **Youth Program Quality**

#### \$19,000

AYDC has granted \$19,000 to support participating organizations.

### 7 Organizations 11 Youth Program Sites 54 Adults

Engaged in this self-assessment and continuous program quality initiative over 2 years.



...Creating an environment where we were united in our goals and supportive of each other was incredible, and so affirming. I also felt incredible purpose, like I was doing something good.

- Youth participant, Youth Matter Grant program

[Second Order Change is] very beneficial for staff. Exposure to guided reflection is such a luxury in our busy work lives--and greater understanding of social emotional learning is so important in our workplace.

- Second Order Change adult participant



## **Transportation Safety**



Safer Roadways for All Alaskans

### **Transportation Safety Initiatives**

### Child Passenger Safety

Certified CPS Technicians on staff provide free car seat checks for the public. This i ncludes one on one appointments and community car seat check up event.IN FFY18, 474 seats were checked and 183 car seats distibuted. To date in FFY19, 359 seats checked and 204 seats have been distributed.

- Presentations were customized for groups such as headstart, prenatal classes, Office of Children's Services. Event education at community events such as the Baby Fair, Kids Day and Thread Book Party and others.
- The Alaska Highway Safety Office financially supports instructor certification and maintenance of technician certification. September 12, 2019, Safe Alaskans hosted a statewide CPS Technician Re-Certification Conference. Two national speakers presented and over 65 technicians attended from around the State. It was a giant success.
- Safe Alaskans has 4 CPS Technicians and a Lead CPST Instructor. We also provide Statewide CPS Coordination for the Alaska Highway Safety Office, and serve as the Injury Prevention Representative on the National CPS Board, Chair the 2019 National CPSTechnician Certification Training, presented at the Lifesavers Conference and the Kids in Motion Conference.

### Teen Driving Safety

Safe Alaskans staff work closely with high school student groups to implement peer-to-peer safe driving campaigns. Post campaign lunchtime seatbelt observations are conducted and indicate 13% increase in seatbelt use and 56% reduction in driver cell phone use from our Fall Pre-campaign observations. Results from our pre and post written surveys also showed a 9.5% increase in knowledge of impaired driving behavior.

### CarFit Senior Driving Safety

In partnership with AAA, AARP, and the American Occupational Therapy Association (AOTA), we help older drivers by assessing the 'fit' of their cars for maximum safety & comfort. Alaska seniors have benefited from 13 local CarFit events at various senior centers, senior housing facilities, and health fairs this fiscal year.

#### Bike & Walk

Safe Alaskans continues to provide bicycle and pedestrian safety education and supplies to include: reflective hats, zipper pulls, gloves, and helmets at locations where our most vulnerable population gathers. This year we also distributed large orders of reflective tape (RT) to schools, both urban and rural partners and also collaborated with Anchorage DHHS, Alaska DPH, and People Mover to provide RT to Alaskans by individual request.







### **Transportation Safety Services**



#### **Car Seat Checks**

Correctly using the appropriate car seat or booster seat significantly reduces the risk of serious or fatal injury to children.



#### **CarFit Checks**

CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them.



#### **Trainings**

National Certification for both Child Passenger Safety Technicians and CarFit Technicians, and League of American Bicycle courses.

### **Our Impact**

83% 97%

Percent of car

checked were not

installed correctly

seats being

% of people who had all corrections made during car

seat check

**55** 

Seniors who participated in a CarFit Checkup

**71%** 

benefited from an identified CarFit improvement (mirror adjust, seat position, etc.) **127** 

Bicycle helmets distributed to students and housing partners 275

Car seat checks conducted in January-September 2018



Newly certified CPS Technician, Amy Brown joined our staff in August 2019. We look forward to her leadership of our CPS Program!

Amy brings over 10 years of experience in nonprofit work including communications, grassroots organizing, fundraising, community education and advocacy. She is a graduate of the University of Alaska Fairbanks and a proud Udall Scholar. She has worked in higher education as well as a direct service advocate for those experiencing domestic violence and on an array of human rights and environmental health issues. As Program Coordinator Amy will lead many of our transportation initiatives. While not at work you can find Amy exploring the outdoors with her husband, children and two dogs.

Thank YOU for all the work you guys do to keep our students safe. We always look forward to partnering with Safe Alaskans!

- Lem Wheeles, Teacher in Anchorage School District

### Safe Alaskans' Work Across the State and World



### **Safe Alaskan Innovative Initiatives**

Shared Risk and Protective Factors Center for Safe Alaskans continues to take a leadership role advocating for shared risk and protective factors.

- With the help of AYDC membership advocacy efforts, we were able to get the State to add two protective factor questions to the Youth Risk Behavior Survey. This provides a data resource for tracking additional protective factors, in addition to the usual risks.
- We are in the process of advocating for Healthy Alaskans 2030 to include Protective Factors in the list of Leading Health Indicators.
- For the third year in a row, we were asked to provide a SRPF presentation at the Behavioral Health All Grantee annual meeting.

Alaska Occupant Protection Use Survey Safe Alaskans partnered with the Alaska Highway Safety Office to conduct the statewide observational seatbelt surveys for the 17th year in a row. The 2019 observations took place June and July in the Anchorage, Juneau, Kenai, Fairbanks, and Matanuska-Susitna regions. Almost 54,000 vehicles with over 67,000 occupants were observed during the study period. The results of this study indicate that 94.1% of Alaska drivers and passengers were using a seat belt during the study period, up from 91.6 last year.



94.1%

Alaska drivers and passengers seat belt use in 2019.

Opioid Prevention Evaluation We partner with the Healthy Voices Healthy Choices coalition to provide evaluation support to prevent opioid misuse for youth and young adults ages 12-25 in Anchorage. This is an ongoing effort of importance to the community.

### **Safety Promotion**

Safe Alaskans' Neuro-Marketing Lab Safe Alaskans' 2018 neuromarketing research article was named one of the most relevant studies in the world by the Neuromarketing Science and Business Association. We now have the capacity to help health promotors, in Alaska and beyond, in our new lab, improving the power of media to grow a safer and happier world.

### International Safety Media Awards

Center for Safe Alaskans founded The International Safety Media Awards (ISMA), recognizing high quality safety media from around the world. Winners from 2018 were announced in Bangkok, Thailand in November, 2018. There were more entries than ever before, from countires all over the world. We honored Bloomberg Philanthropies for their support of road safety media work in multiple developing countries. Alaska entries also received recognition:

- Center for Safe Alaskans' evaluation of teen media initiatives received a Silver award for best evaluation, and
- Alaskan Native Tribal Health Consortium won Honorable Mention for their Float Coat Dance video.



ISMA 2020 is coming to Adelaide, Australia



We owe a debt of gratitude and thanks to Marcia for her continued efforts for the Safety Media Awards. She has worked tirelessly to include this event within the conference.

There is an important role for all of us to require this stream of investigation and science as a formal part of the next conference. I think it is time that we acknowledge that media can change minds, behaviors and populations. Ian Pike Canada



### **Our Funders**

Generous Community Support is Our Key to Success

### **Program Funders**

AAA Mountain West

Alaska Native Tribal Health Consortium

Buckle Up for Life: Toyota & Cincinnati Children's

Cook Inlet Tribal Council

Communities in Schools Atlanta

Municipality of Anchorage

Pick.Click.Give.

Rasmuson Foundation

Recover Alaska

State of Alaska Department of Health and Social Services State of Alaska

State of Alaska Department of Transportation, Alaska Highway Safety Office

Safe Comm Pac

State Farm

Transport Accident Commission (TAC)

United Way of Anchorage

Volunteers of America Alaska, Healthy Voices Healthy Choices Coalition

### **AYDC Contributing Members**

Abused Women's Aid in Crisis

Agnew Beck Consulting

Alaska Humanities Forum

Alaska Military Youth Academy

Alaska Youth and Family Network

Anchorage Community Mental Health

Services

Anchorage Public Library

Anchorage Youth Advisory Commission

**Anchorage Youth Court** 

Big Brothers Big Sisters of Alaska

Boys and Girls Club Alaska

Campbell Creek Science Center

Camp Fire Alaska

**Hope Community Resources** 

Identity, Inc.

Lee Post Illustration

**NAMI** Anchorage

Nick Begich Scholarship Intern Fund

Nine Star Education and Employment

Onward & Upward

Planned Parenthood of the Great

Northwest and Hawaiian Islands

Recover Alaska

Southcentral Foundation

Spirit of Youth

Stone Soup Group

**Strength Based Strategies** 

Volunteers of America & Healthy Voices

**Healthy Choices** 

Tom Begich

**Catherine Curtis** 

Gordon Glaser

Lindsey Hajduk

Becky Judd

Rebecca Koford

Krystal Kompkoff

Kate Rose





























### **Our Partners**

21st Century Community Learning Centers

AAA Alaska

AAA Mountain West

AARP Alaska

Abused Women's Aid in Crisis (AWAIC)

**Agnew Beck Consulting** 

Alaska Afterschool Network

Alaska AIDS Assistance Association

Alaska C.A.R.E.S (Providence)

Alaska Child Passenger Safety Coalition

Alaska Commission on Postsecondary

Education (ACPE)

Alaska Geographic

Alaska Humanities Forum

Alaska Job Corps

Alaska Military Youth Academy

Alaska Native Medical Center

Alaska Native Tribal Health Consortium

Alaska Regional Hospital

Alaska Trails

Alaska Youth Advocates

Alaska Youth for Environmental Action

Anchorage Community Mental Health

Services

Anchorage Fire Department

Anchorage Police Department

Anchorage Public Library

Anchorage School Business Partnership

**Anchorage School District** 

**Anchorage Senior Activity Center** 

Anchorage Youth Advisory Commission

**Anchorage Youth Court** 

Association of Alaska School Boards

Big Brothers Big Sisters of Alaska

Birchwood Behavioral Health

Boys & Girls Club Alaska

Buckle Up For Life: Toyota & Cincinnati

Children's

Camp Fire Alaska

Catholic Social Services Refugee Assistance

&Immigration Services

Central Peninsula Hospital

**Choosing Our Roots** 

Christian Health Associates

Chugach Children's Forest

Chugiak Eagle River Senior Center

Chugiak High School

Communities in Schools Atlanta

Congregation Beth Sholom

Cook Inlet Housing Authority

Cook Inlet Tribal Council

Covenant House Alaska

Denali Daniels & Associates, Inc.

**Denali Family Services** 

Dimond High School

Division of Juvenile Justice (State of AK)

East Anchorage High School

First Alaskans Institute

First CME Church

Foraker Group

**Foundation Health Partners** 

Girls Scouts - Susitna Council

Healthy Voices Healthy Choices (VOA)

**Hope Community Resources** 

**Hutchison High School** 

Identity, Inc.

JBER Playgroup Kids Corp, Inc.

Mat-Su Central School

Mat-Su Services for Children & Adults Municipality of Anchorage - Office of the

Mayor, and Parks and Recreation

National Safety Council

National Highway Traffic Safety

Administration

Napaaqtugmuit School

NeighborWorks Alaska

Nine Star Education & Employment Services

Occupational Therapists Dee Berline and

Winnie Hill

Office of Children's Services

Parachute Ministries

Planned Parenthood of the Great Northwest

& Hawaiian Islands

Providence Health & Services Alaska

Rasmuson Foundation

RuralCAP

Safe Kids Worldwide

Salvation Army

**SEARHC** 

Shiloh Community Housing, Inc.

South Anchorage High School

Southcentral Foundation

Spirit of Youth

Standing Together Against Rape (STAR)

State of Alaska Division of Public Health,

**Injury Prevention** 

Story Works Alaska

thread

Title VII Indian Education (ASD)

TRIO Program of UAA

**UAA Center for Human Development** 

United Way / 90% by 2020

University of Alaska Anchorage Center for

Community Engagement and Learning

Vision Zero Anchorage Wasilla High School

YWCA Alaska



#### ALASKA INJURY PREVENTION CENTER

Statements of Financial Position December 31, 2018 and 2017

#### ASSETS

		2018	2017
CURRENT ASSETS			
Cash and cash equivalents	\$	417,482 \$	318,147
Grants and contracts receivable		213,940	200,042
Supplies inventory		4,349	4,349
Security deposits		5,705	5,705
Prepaid expenses	_		2,011
TOTAL CURRENT AS	SETS _	641,476	530,254
Equipment		22,018	22,018
Less accumulated depreciation	_	(9,908)	(5,505)
EQUIPMENT,	NET _	12,110	16,513
TOTAL AS	SETS \$	653,586 \$	546,767

#### LIABILITIES AND NET ASSETS

CURRENT LIABILITIES Accrued payroll and related liabilities	\$.	46,038	\$ 48,367
TOTAL CURRENT LIABILITIES		46,038	48,367
NET ASSETS Without donor restriction With donor restriction		426,989 180,559	362,899 135,501
TOTAL NET ASSETS	•	607,548	498,400
TOTAL LIABILITIES AND NET ASSETS	\$	653,586	\$ 546,767



Statements of Activities Years Ended December 31, 2018 and 2017

		2018		2017
NET ASSETS WITHOUT DONOR RESTRICTION				
Revenue, gains and other support:				
Grants and contracts	\$	1,025,379	\$	1,034,559
Contributions		221,249		49,165
Interest income		148		42
Sale of goods and other income		11,363		-
Net assets released from restrictions:				
Restrictions satisfied by payments	-	31,878	-	91,900
TOTAL REVENUE, GAINS, AND OTHER SUPPORT	_	1,290,017	-	1,175,666
Expenses:				
Program services		1,067,648		993,848
Management and general		145,526		143,201
Fundraising		12,752		6,303
			-	
TOTAL EXPENSES	_	1,225,926	_	1,143,352
INCREASE (DECREASE) IN				
NET ASSETS WITHOUT DONOR RESTRICTION		64,091		32,314
	-		-	
NET ASSETS WITH DONOR RESTRICTION				
Grants, contributions and contracts		76,935		67,395
Restrictions satisfied by payments		(31,878)		(91,900)
INCREASE (DECREASE) IN			_	
NET ASSETS WITH DONOR RESTRICTION		45,057		(24,505)
NET ASSETS WITH DONOR RESTRICTION	-	45,057	_	(24,303)
INCREASE (DECREASE) IN NET ASSETS		109,148		7,809
NET ASSETS - beginning of year	_	498,400	_	490,591
NET ASSETS - end of year	\$_	607,548	\$_	498,400

## **Financial Statement**

2019 Center for Safe Alaskans



Foster & Company, LLC

"We have audited, in accordance with the auditing standards generally accepted in the United States of America and the standards applicable to financial audits contained in **Government Auditing** Standards issued by the Comptroller General of the United States, the financial statements of Alaska Injury Prevention Center (a nonprofit organization), which comprise the statement of financial position as of December 31, 2017, and the related statements of activities, and cash flows for the year then ended, and the related notes to the financial statements, and have issued our report thereon dated August 13, 2018."

## Thank you!















