

Anchorage Youth Development Coalition
Second Order Change
Call for Applications

AYDC is pleased to invite staff, volunteers, and board members of Anchorage youth serving organizations to apply for our 2021 Second Order Change professional learning series!

Applications due January 15, 2021, at 5pm. Apply at <http://safealaskans.org/second-order-change-2021-call-for-applications>

Impact

Research shows that *youths' environments, relationships and experiences* impact their short- and long-term outcomes—from health, to civic engagement, to economic self-sufficiency. Second Order Change is an initiative to support staff capacity to maximize positive outcomes for youth.

Second Order Change is a leadership development series and a professional learning community. It supports staff at all levels in youth serving organizations to strengthen social and emotional intelligence, which is responsible for over 50% of effectiveness in all professions and is critical to support youth development.

Second Order Change works. From the start to the finish of the 2016-17 pilot series, participants' social and emotional intelligence attributes increased in both strength and balance, as measured by the *EQ-I 2.0*. When scores for the participants were compared based on level of participation, analysis showed that higher attendance in the program, which increased doses of the experience, increased the degree of skill development staff experienced. Second Order Change has continued to improve and is now in its fifth year in Anchorage.

Praise from an Executive Director participant:

"[Second Order Change was] very beneficial for staff... Exposure to guided reflection is such a luxury in our busy work lives—and greater understanding of social emotional learning is so important in our workplace."



The Learning Experience



Social and Emotional Learning framework from CASEL

The series takes place over the course of six weekly sessions, providing the opportunity to build relationships with cohort members, explore a new approach between sessions, and reflect and integrate learning.

We use the Collaborative for Academic, Social and Emotional Learning's (CASEL) social and emotional learning competency framework to support staff development in each of five Social and Emotional Learning (SEL) domains. Each session in the series sparks personal reflection and peer learning through inviting exploration of critical topics in youth development, including: **resilience, healing-centered engagement, embracing resistance, cultural responsiveness, mindfulness, coaching and communication.**

All participants will meet in an online learning space and connect with peers in similar roles at other Anchorage youth-serving organizations.

Benefits of participating

Be part of a growing network of Anchorage youth-serving organization professionals working to provide *environments, relationships, and experiences* that help youth thrive now and in the future. You will have access to:

- **High quality professional development** in leading practices based on research in the fields of youth development and SEL.
- **A supportive environment** to energize, rejuvenate, and learn through reflective practice and peer support.
- **A cohort of peers** to forge meaningful new, collaborative relationships.
- Become familiar with **SEL practices** that support SEL skill development for staff.
- **6 weekly sessions, plus a pre-session**, to provide participants time to incorporate new perspectives and approaches into their work.
- **Receive a copy of *Emotional Intelligence 2.0*** Jean Greaves and Travis Bradberry



Participation requirements

- **Youth served:** Organization must serve youth in Anchorage. Priority will be placed on participants whose organization serves Anchorage youth age 12-20.
- **Participants:** Staff, board members, and volunteers of Anchorage youth serving organizations may apply as individuals. There is no limit on the number of people that may apply from one organization. Priority will be placed on inclusion of a diverse representation of organizations.
- **Attendance:** Attend weekly sessions consistently for the duration of the learning series.
- **Assignments:** There is no assigned work outside of the sessions. At the end of each session, participants will be invited to set a goal for the week related to trying out new learning and perspectives. Participants will also receive a copy of *Emotional Intelligence 2.0*, and are encouraged to explore its resources outside of the sessions.
- **Technology:** Participants must have access to a computer, reliable internet, and be able to download the most recent version of the Zoom platform. Our pre-session will build more comfort and competence with Zoom, so there is no level of fluency required.
- **Fee:** Grant funding makes it possible for AYDC to offer this professional development opportunity at only a modest cost to participants. A \$200 fee per participant, or \$150 per participant for 2020 AYDC contributing member organizations. Learn more about becoming a member of AYDC at www.aydc.org/become-a-member

Schedule

All sessions will take place over Zoom.

Time	Wednesdays
10:00am – 1:00pm	2/17/21- pre-session 2/24/21 3/3/21 No session during ASD Spring Break week (3/10) 3/17/21 3/24/21 3/31/21 4/7/21

Participants

Second Order Change has supported professional development for staff, volunteers, and board members from afterschool, mental health, juvenile justice, school district, and other youth serving organizations. This series is not an introductory course, but a chance for professionals with some experience to dive more deeply into their own practice. Participants include executive directors, program managers, site directors, administrative staff, and direct



youth service staff. These professionals may be focused on managing staff and/or working directly with youth.

Timeline for Applications

Wednesday, December 16, 2020	Applications open
Friday, January 15, 2021, 5 pm	Online application due.
Wednesday, January 27, 2021	Participants selected and notified
Wednesday, February 3, 2021	Payment due
Wednesdays, February 17 – April 7	Weekly Second Order Change sessions (except 3/10)

Application Procedures

Apply online at <http://safealaskans.org/second-order-change-2021-call-for-applications> For reference, application questions are provided in Appendix A. If you have questions, please contact julie@safealaskans.org.

Selection Criteria

To provide an engaging, connected opportunity over the Zoom platform, AYDC will limit participation to 16 individuals this year. In the case that we have more interest than space we may need to prioritize who participates. Selection criteria would include those from organizations serving youth age 12-20 within the Anchorage community. We will also seek to include representation of organizations from a variety of sectors.

Past Participating Organizations:

Abused Women’s Aid in Crisis, Alaska Division of Juvenile Justice, Alaska Humanities Forum, Anchorage Youth Court, Anchorage School District 21st Century Community Learning Centers, Anchorage School District Title VII Indian Education, Big Brothers Big Sisters of Alaska, Boys and Girls Clubs Alaska, Camp Fire Alaska, Center for Safe Alaskans, Cook Inlet Tribal Council, Inc., Covenant House Alaska, Denali Family Services, Healthy Voices Healthy Choices, Hope Community Resources, Identity, Inc., Nine Star Education and Employment Services, Parachute Ministries, Planned Parenthood of the Great Northwest and Hawaiian Islands, Recover Alaska, Shiloh Community Housing, Southcentral Foundation, Volunteers of America.

AYDC Second Order Change was developed with support from Cook Inlet Tribal Council, Inc.



This opportunity is made possible with support from the Alaska Division of Behavioral Health



APPENDIX A

AYDC Second Order Change Application Questions

- Name
- Job Title
- Organization
- Email
- Phone number
- Which best describes your primary role: work directly with youth, manage staff, lead your organization or department, other.
- People served by my organization include youth between the ages of 12-20 in the municipality of Anchorage (Anchorage, Girdwood, Chugiak, etc.). Yes, no, other.
- In a few sentences, please share what you hope to gain through participating in the Second Order Change professional learning series.
- I am able to commit to attend all seven sessions.
- I understand there is a fee of \$200 (non-members) / \$150 (2020 AYDC contributing member organizations) per participant.

